

Amazon reviews

"I chose this book from the Amazon Vine program for a few reasons: I am a public defender *who works with addicts (and recovering addicts) on a daily basis, and I recently lost a close friend to a drug overdose.* I wanted to know more about how the brain functions after substance abuse, and this book did the job."

"The Addicted Brain is an excellent, educational book. It may be considered basic by some, but as the father of a 22-year-old recovering addict, I appreciate *any* book that helps explain why addiction is a brain disease. My son has been battling addiction for more than seven years, and it's taken its toll not only on him, but on our whole family. The stigma associated with addiction needs to be eliminated, and books like this can help chip away at it. Thanks to Michael Kuhar for writing it."

"This author has done an astounding job of explaining, in layman's terms, the physiology and psychology of addiction. As a medical professional who has worked with addicts, and also know people actively suffering from addiction, I found it a very thorough and exhaustive work."

"I myself was addicted to methamphetamine at one time and looking back I had allowed myself to be controlled that way....For a complete understanding of addiction I do recommend reading this book. There are a few that would probably quit what they are doing and control of their lives again after reading this book. More so, I think that addiction counselors should read this book as it has many of the present therapies in it. An effective understanding leads to better solutions for their patients."

"This book is written for the medical professional working with addiction, but is also in lay language anyone with some physiology education might understand....Dr. Kuhar has an impressive education and work/research resume and does a very good job with this publication. If this is your field of interest, or even just want to understand why you can't seem to let go of certain 'pleasures,' this book might provide the answers. It definitely gave me the answer I was hoping to find."

"This book not only explains how complicated the recovery of a drug addict is, but it also demonstrates why drug addicts cannot easily quit their destructive behavior. The book clearly shows how painful, difficult, and fragile the recovery can be. Many of my myths and beliefs were broken here....This book is a good read for any pre teen or teen parent. Also for anybody supporting a drug addict, either to seek for professional help or provide support during the withdrawal process."